



EASTVIEW WRESTLING

K – 2nd Session II

Wrestling Program Overview:

- ◆ Quality & Experienced Coaching Staff
- ◆ Extension of In-House Program
- ◆ Eastview Lightning Youth Tourney – Jan. 23rd
- ◆ Option to participate in local tournaments
- ◆ Eastview Coaches & Wrestlers Involved
- ◆ Recognition Night at Varsity Home Match
- ◆ End of Season Party!

Eastview Wrestling K – 2nd Goals:

- ◆ Build on skills learned during In-House.
- ◆ Enjoy team spirit!
- ◆ Basic & Intermediate skills taught.
- ◆ Emphasis on foundational skill development.
- ◆ Experience the rewards of wrestling & have fun!

COMMITMENT to EXCELLENCE!

Youth Wrestling

Sign-Ups: Dec. 6th or Dec 13th
6:30-7:30pm @ Eastview HS

Who: Wrestlers in Grades K-2nd

Registration Meeting: Wed- Dec. 15th
Sizing for t-shirts & shorts, singlet check-out with \$50 deposit.

K – 2nd 6:15- 6:45 p.m.

Practices: Late December – Early March.
Mondays, and Select Thursdays.
Optional Tournament Schedule.

Place: Eastview HS Wrestling Room
Enter through Main West Doors!

Cost: K – 2nd is \$65
(Includes t-shirt, shorts, and entrance fee to the
Eastview Youth Wrestling Tournament)

Checks payable to: Eastview Lightning Wrestling.

Register: Steve Praus
(VM) 612.303.3783
(e-mail) srpraus@gmail.com

Sign-up today!

Get involved with the Eastview Wrestling Program!!!

Name _____ Grade _____ Weight _____

Address: _____ City _____ Zip _____

E-Mail Address: _____ T-Shirt Size
YM YL S M L XL 2XL

Parent Names _____ Shorts Size

Home Phone # _____ YS YM YL S M L XL 2XL

Registration by Mail:
Travis Lee, c/o Eastview High School
6200 140th Street West, AV, MN 55124

Registration by E-Mail:
Provide all the above information.
(E-Mail) srpraus@gmail.com